

ALEXANDRA JOY SMITH
INTUITIVE RESULTS COACH & YOUR SOUL'S SPEAKER
BA PSYCH & CERTIFIED LIFE COACH
Creator of the Find Your Shine Programs



LEARN THE ART & SCIENCE OF BEING BOLD, BRIGHT & BE "YOU" TIFUL

If you are tired of struggling to create the results you want in your life, it's time to get clear, certain and courageous. Alexandra empowers you through the latest research in neuroscience and by sharing her own 30 year journey in the world of transformation and spirituality. In Alexandra's presentations, you will discover what it takes to be a bold and decisive action taker so that you are living your calling and doing extraordinary things in the world!

"Alexandra's coaching is instrumental to the success of, not only our business, but our lives. She takes the time to focus on our energy, our magic, and our passion. This creates a powerful connection to everything we are doing and creating and has generated a lens for us to look through for all choices, truly creating results unachievable without her support."
- Lindsey Kaarlberg and Brittany Blum, Co-Founders - Ritual Hot Yoga

WHAT MAKES ALEXANDRA JOY SMITH SO EFFECTIVE AS A COACH & SPEAKER?

1. AWARENESS

After 30 years of her own personal awakening, Alexandra speaks to your soul so you can awaken to who you really are. Your awakening is the first step to creating a life you love!

2. AUTHENTICITY

Without truth, we do not know where we are in relation to what we want to create in our lives. Participants will see that the foundation of creating is their own authenticity in the matter.

3. ACTION

Because life rewards action, Alexandra's presentations leave you with powerful insights and tools that empower you to contribute your unique gifts at the highest level.

UNIQUE PRESENTATIONS

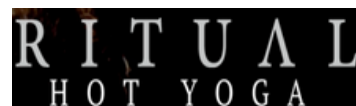
Alexandra can speak on various subjects. Popular topics include:

THE SOUL OF PURPOSE How would you rate where you are in relation to where you want to be in your life? How big is the gap? Are you clear about your mission, vision and values? Do you even understand how getting clear about them can relate to creating a life you love? All of these questions will not only get cleared up for you during this powerful session, but as an emerging leader, you will leave with tools that empower you into inspired action now!

SHINE BRIGHT LIVING YOUR VALUES There are some key distinctions that it takes to really SHINE in your life with certainty. One of them is knowing what your core values are and creating your life to be in alignment to them. Your values are your guiding principles and being clear about your core values is fundamental to creating a life you love. When you are living a life you love you can then contribute to others (your students) at the highest level. In this session, you learn about the 13 step Dr John Demartini Values Determination Process that is like no other values discovery process out there. Come to this session ready to be empowered with clarity that you can bring to all aspects of your life.

THE BRAIN OF MANIFESTATION We are in the age of the Brain. There has been so much progress made in the area of neuroscience and what we now understand about the brain and it's neuroplasticity (ability to change and grow). In this powerful session, participants will walk away with a clear understanding of how the brain is coded to create those things we intend to have in our lives or why the brain rejects them. This session takes all of the woo-woo and mystery out of manifesting a life we love! Be prepared to be empowered, inspired and clear about the power of your values, vision and mission.

SPOKEN AT:



"I have come to love Alexandra and appreciate her as a person - her generosity, great humor and realness is what always resonates." - Esther S. Architect

CONTACT

To book for Speaking:

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BIO

Alexandra Joy Smith brings a lifetime of study with some of the greatest teachers in transformation, spirituality and empowered living into her work with powerful women who yearn to connect to and live their dreams from their divinely inspired purposes on the planet. She has a BA in psychology, life coaching certifications and 25 years of experience in health and wellness and is on a mission to empower women to rock the world with their dreams and purposes so they can shine in a life they love.